

FEE SCHEDULE as of January 2010

GST not included

All Packages Expire after 6 Months.

Introductory Packages	Description	Price Per Person
Private Training Package 1	1 introductory session, 5 private sessions, 1 free mat class	\$330.00
Private Training Package 2	1 introductory session, 2 private sessions, 1 free mat class	\$165.00
Semi-Private Training Package 3	1 semi-private introductory session, 5 semi-private sessions, 1 free mat class	\$195.00
Single Introductory Session	Single session + free mat class	\$55.00
Semi-Private Introductory session 2-3 people	Single semi-private session + free mat class	\$30.00
Small Group Introductory Session 4 or more people	Single semi-private session + free mat class	\$25.00

Private Session Packages	Description	Price Per Person
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Legend:

CI = Certified Instructor: has passed certification examinations; certification status is current

AI* = Apprentice Instructor: has completed coursework and passed a teaching assessment, working toward the examination process; ***availability is not guaranteed and varies**

IT = Instructor Trainer: Elite certification status above a regular certified instructor; is trainer of instructors and examiner for instructor certification.

Single Private Session	CI	\$ 65.00
	AI*	\$ 46.00
	IT	\$ 78.00
5 Private Sessions Package	CI	\$ 315.00 (\$63/ssn)
	AI*	\$ 220.00 (\$44/ssn)
	IT	\$ 375.00 (\$75/ssn)
10 Private Sessions Package	CI	\$ 590.00 (\$59/ssn)
	AI*	\$ 410.00 (\$41/ssn)
	IT	\$ 720.00 (\$72/ssn)
20 Private Session Package	CI	\$ 1160.00 (\$58/ssn)

Semi-Private Session Packages	Description	Price Per Person
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Semi privates are two participants per instructor; participants must arrange for a partner to attend with them.

Single Semi -Private Session	CI	\$ 39.00
	AI	\$ 32.00
	IT	\$ 47.00
5 Semi-Private Sessions Package	CI	\$ 185.00 (\$37/ssn)
	AI	\$ 150.00 (\$30/ssn)
	IT	\$ 220.00 (\$44/ssn)
10 Semi-Private Sessions Package	CI	\$ 350.00 (\$35/ssn)
	AI	\$ 280.00 (\$28/ssn)
	IT	\$ 420.00 (\$42/ssn)
20 Semi-Private Sessions Package	CI	\$ 640.00 (\$32/ssn)

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Small Group Sessions	Description	Price Per Person
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Classes are by registration to promote consistent progression and proper application of fundamentals. Prices for group classes vary depending on length of registered session.

Group Mat classes are restricted to 9 participants and equipment classes are restricted to 4 participants. Spots fill quickly.

For classes that are marked *OPEN for drop-in, please refer to the [class schedule](#).

Please refer to our [studio policies page](#) for info on missed classes.

Custom classes are a minimum of 10 registered classes.

Registered Mat	Mat based classes	Starting at \$ 224.00
Registered Equipment	Apparatus based classes	Starting at \$ 378.00
Drop in	Restricted to classes marked *OPEN	\$ 18.00
10 Class Card	Restricted to classes marked *OPEN	\$ 180.00
10 Custom Registered Class Card (Pre-organized, no Drop in)	For self organized groups of 3 or more requesting custom sessions on apparatus	\$ 270.00

Self Directed Sessions	Description	Price Per Person
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To ensure safety, individuals must be approved by management to work independently. Call for details.

Single	Self Directed	\$ 25.00
10 Session package	Must Pre-Arrange Time	\$190.00
Monthly Unlimited	One month expiry	\$150.00